

## August 16 Intensive

You know exactly as much as I know. If there's a difference between us, it's that I know that what I know is all I need to know and I'm not looking for anything else. What I need to know, I know – it's given. I don't need to look for it, I don't need to manipulate anything in any way to achieve it – it's given freely and I'm perfectly aware of it, so if I offer you anything it is just my certainty that only good can come of this. That's what I know. I know that whatever this is, only good can come of it. Now, that should make you happy.

You're getting a sense of this yourself – you know what I'm speaking of. I want you to be aware of it all of time – as I am. I'm not confused by what's arising. Even if it's conflictual, only good can come of it. I'm standing still and allowing the perception to change – it's called healing. I come in and have an idea that something is wrong – OK, I need to stand still and be shown that nothing's wrong. I need to be shown that nothing's wrong. I can't determine it by myself. That's what makes me a healer – I'm not attempting to determine it for myself. The moment I come in, I allow God to determine the outcome. That will make you very happy.

This will relieve you of the responsibility because you know as well as I do, that you have no idea what to do. Listen. You have no idea what to do. You don't know how to proceed. That's true. So you are being offered an idea from God, from outside the context of your own confusion, an idea that will make you very happy. It will make you happy because it is what happiness is.

This is what Jesus calls your function. You're here for a reason, a purpose. You're here on behalf of God. You're here to represent Him who sent you. You can do this anywhere and way you want to. You can paint pictures, you can sing songs, you can jam on the guitar, you can do whatever you want, no one is judging that. The question is, what's it for? Whose glory is it for? Is it for your glory apart from God? Because you're not apart from God. If it is for His glory, you'll be happy – that's all. You're not being asked to sacrifice anything. You're just being shown that the fullness of your gift, of your talent – the wholeness of it comes from God- it's not of you alone.

God is animating your dream. Whatever it is you are doing in there, God is giving it, and that makes you free of the guilt. Now there's no reason for you to be guilty. Why? You're not doing anything. You're being relieved of the karma. He wants you to understand there's no sacrifice. Say to me, there's no sacrifice. Nothing is being asked of you. Everything is being given you. It's just being purified – that's what the Light is – it is a medium, a frequency for purification. That's why you're here. You're here because your thoughts are being purified. You've expressed an interest in this and now it's being given you. You're being shown that there's nothing wrong with what you're doing – nothing. You're not guilty. You're not doing it apart from God – that's all you needed to learn from me. Whatever you're doing you are using God to do it. So therefore you're not guilty. This will make you happy – you're not guilty.

So when you ask me what should I do, my answer is I have no idea. It doesn't matter what you do. No one can judge what you do – it is not possible. My advice to you, as an elder brother, whatever you do, do it in the name of God. Do it in the name of the Source of all things. That will

keep you from suffering the guilt that you associate with being separate. Thank you. I love you guys. I'm here to help. I'm here to serve – to help you integrate.

I can see you've dropped back down into a dream – there's nothing wrong with that. What I am reminding you of in the context of your dream is the Light has come because there's no where to hide anymore. The Light is with you. It's going to help accelerate your sequence. The next step is Light. Say to me, the Light has come. I can no longer deny it – it's not possible for me to deny it because it's self-evident. The Light has come. It's affecting everything. It's adjusting the matrix of my dream. It's making me happy. Be prepared to be happy all the time – is that OK? Try not to feel guilty about being happy. It's the craziness of the human condition. You get what you want and you feel guilty. It's crazy! Why? Because Jesus says, you are not sure what you want. So when you get it, you're not sure it's what you want. When you get it, you want something else and so you feel guilty rather than saying "oh I see, that's what I asked for". Now I can ask for something else. Why? I have accepted responsibility and now I can transcend.

Listen to me: Wherever you are, the only way in which you can transcend the apparent conditional awareness is by accepting responsibility. That's how you increase frequency – that will be the next step for you. It's all Jesus is teaching you. I am responsible and therefore I can transcend it anytime I want to. If I choose to, I can leave this world entirely. And if I choose to, I can stay around and associate within this context. I can raise a family, I can do all sorts of things, I can do whatever I want, but it's a choice I'm making in Light.

Listen to me: Do you want to be happy? Whatever choices you are making, make them in Light. This is not difficult. The choice itself is meaningless – it doesn't matter because you can't choose Light – you are Light. Remember who you are first and then make a choice and you'll be happy no matter what you do. God's will for you is perfect happiness. Are you happy? I'm very happy. I'm very happy because you're here. I'm happy that you're here with me. Do you hear me? I'm not trying in any way to reject you – I accept you wholly and that makes me very happy.

I really want you to be free. You are not bound by any idea that I have of you or that you have of yourself. I'll teach it to you this way: my idea of you is not binding. Can you hear me? I'm not binding you to a relationship. My idea of you is freeing you. I've got an idea – you're free. I love you. Do you know: you may ask, what right do I have to set you free? Yes? I'm the only one that is binding you so I'm the only one that can set you free. Who am I talking to? Myself. Who's speaking to you? Yourself. I'm the only one that is binding you so I'm the only one that can set you free. There is no one else – come on. The voice you are hearing is your own. It's time to be free. Good. Thank you.

If you are wise and you are following me, if you can hear me, you are freeing your thoughts and freeing yourself. As thoughts arise, you are setting them free. You are not binding them to your ideas. It's everything I'm offering to you as a demonstration. I'm setting you free. Ultimately I set you free from your body awareness. This is where you may struggle with me a little bit. Whenever I come in and say to you that you're not a body, you're free, you like to argue with me a bit. It's OK. You're not sacrificing anything. I'm just trying to bring to your awareness that you are free. Depending on where you are individually in your time/space relationship with yourself, you will accept it or reject it. I'm not a body, I'm free. Now that doesn't mean I'm not associating with the body, it means that's not what I am. What am I? I'm free. I'm free to

associate as a body if I choose and I'm free to associate as the light if I choose. My suggestion is to associate with the Light first – then associate with the body. That's all I'm offering you – it's not a big deal.

First fix your attention on the Light then you can be anything you want to be, you can do anything you want to. How can I learn to play guitar? By going to Light – it will be the easiest thing possible. How can I speak English? Go to Light. In Light it's the easiest thing – it takes no time at all. It takes no time at all to learn anything. Time stands still and waits on you. Absolutely. That's how much you are loved by God. You are getting whatever you choose, whatever you desire – but you are getting it in Light. That's all I'm here to remind you. Are you OK? I love you and I'm really glad you're here.

I really fully expect you to stay here with me now. You've made the gesture. I expect that you will follow through. I expect that you will pick up that assignment now and serve as I serve. Why? Because you made the gesture or you wouldn't be here. I'm just reminding you of the agreement we have. You came and picked up an assignment and now we are going to be communicating, saviours of the world together. You're going to help me save the world. That's your dream. Everyone in this room has made that agreement otherwise you wouldn't be here. Say to me, I'm here to help you save the world. Yes, that's right. You all have special talents and we're going to use all those talents. Thank you. I love you. It's helpful not to compare your talents with one another – your talent is beyond compare. Who would like to share something?

Daryl: I saw last night that I am totally responsible for my thoughts. I thought I heard it but I hadn't. Last night, I heard it. Thank you Father...the other day I choose death and had a really hard time, choosing to suffer. I had a hard time being responsible but I knew I was, I don't want to choose that anymore because in this Light it is a very powerful choice. Thank you Father – I coming home!

Good for you. That's what we're offering now. Integration. What you might call human and to that end I want to ask each of you – how can I serve? How can I help you?

You say to me you want your mind to stop. It's impossible. That's not what I'm offering. Say to me, my mind is all-powerful. Jesus says, it never stops creating – ever. There's not an instant when your mind stops creating. It's impossible to stop. That's really not what I'm offering you. I know it gets a little confusing – you think I'm offering you peace of mind, and that's not it. It's impossible to escape from your own thoughts. I'm offering you the power of your own mind. Say to me, all thoughts have all power. Imagine that. Nothings being taken from you.

Now what you're learning in my presence – if you are following me and doing what I'm doing – you are learning to direct those thoughts to God, toward home, to build your temple from above. Whatever your dream is, your world, your temple – your dream is your offering – build it from above. In other words build it of Light – and you will be happy. You can hear that – you come from above. You're dreaming a dream – of course – but you come from above. You're not from here. You're not dependent on this – you're dependent on the Light. Therefore you can do anything you choose. In the Light, all things are possible. That's true. We call that a miracle. What's the miracle? The light in your mind that's animating your dream.

Call it thought if you like. The thought of God. Every time you think of God, it's a miracle. That's what I'm offering you. It's called prayer. You can't stop thinking. My advice to you is to think only of God. There! I can't do any better than that. It is impossible. Think only of God. Think – but think of God. If you think of God, you will be happy.

Jesus tries to teach it, God is the mind with which I think. All my thoughts are God's thoughts. Exactly. So why do I appear to suffer? Because I have forgotten that all of my thoughts are God's thoughts. I thought I had a thought apart from God but I was mistaken. I love you guys. I'm trying to make it easy for you. I'm trying to help you integrate now. If I'm aware of something other than the Light, I'm wrong. That's all. That will make you happy. Are you OK?

I'm teaching you to live beyond the body. I'm trying to offer you your Light body, your resurrecting body. How's it going? How you doing? How can I serve? How can I help unless you ask for help? Even God can't help unless you ask. He doesn't know anything's wrong until you ask for help. If you ask for help, he will find you. He will make a correction. What will he show you? Nothing's wrong. I love you. What's wrong? The Old Man would come in and say "what's wrong with you?!" From my perspective, nothing's wrong. So you have to tell me – what's wrong. Come on tell me. That's a little better. Keep on asking yourself, what's wrong until you see nothing is wrong. Because if you ask yourself in honesty, you will see nothing is wrong. It is impossible it be wrong. I'm getting the result of my own mind and therefore nothing's wrong.

If I want something else all I have to do is ask for it. I have no need of this. Then something else can happen. Are you with me? Who is with me? Come on! It's called accepting the atonement for oneself. I'm responsible for what I see. I'm wrong about everything is a statement of relief. That is how my mind is opened. That's better. Good. That's how your mind is opened. When you mind is open, the Light can descend. Gustavo, are you ready for your new pair of balls? From now on you sing bass!

Is everyone OK? Are you OK with me? I have a particular way of teaching and I don't apologise for it. I can't help myself! The recognition of that is what the Light in you is. Seeing that you found exactly what you looked for when you came, is what the Light is. If you found exactly what you looked for, then nothings wrong. That's my whole teaching. The only problem you ever have is looking for two things at the same time. That my friends, is impossible. All you will find when you come here is yourself. You won't find something else. If you see something else, you are mistaken. If you see opposition, if you see conflict, if you see something that is preventing me from doing what you came to do, you are mistaken. Nothing is preventing you from doing what you came to do – including saving the world. You can save it – it's your dream, your world. I am saving the world – the world is only an idea in my mind. I'm allowing it to be healed in me. How will it occur? It's a miracle. That's why we're gathered here. Why are we gathered here? We are anticipating a miracle. The miracle is, I will learn to play the guitar, the miracle is I will paint my room. You see, it doesn't matter what you do – it's a miracle. In other words, the miracle my friend, is you.

I have an idea. The miracle is we will all come together in His name for one final happy instant and then disappear. And we will each be enjoying our own relationship with God. That's what this temple is. It's a space left vacant. You're free to do whatever you want to do here. You are free to be yourself and that's how you remember God. This is a safe place for that to occur. You are safe here to be yourself – you can come out of hiding. You can do whatever it is that you do

and you will be loved. I love you guys. I wouldn't change a thing.

Emilio, I'm looking right at you. The door's open. No one is holding you here. Did you forget something? Is there something you need to remember? It's called healing. Listen to me: if you are here, it's because there is something you need to remember. Thank you. I love you. You're here to pick up the thought. Who in all honesty can say they don't know why they are here? You know exactly why you're here – you're doing it. You're enacting it. Now that's a little better. What I'm trying to show you is you are seated on the throne of creation, right now. I'm trying to empower you. You know this. You are seated on the throne of creation – you are responsible for this experience. It's your creation – absolutely. You can't get out by denying it. You can only get out by accepting it, by forgiving it, by loving it. Everyone's asking how do I get out of here? Where you going? There's nowhere to go – there's only love, right here. You're starting to feel me a little bit.

I'm trying to offer you the Eastern Approach. Jonas, we're gonna land in that tiny parking lot – we're going to land in that X we drew in the sand. I'm here for a reason, Emilio. You can invent reasons – you can pretend you are here for another reason and that will not serve you. You're here for a reason – that will be helpful for you to admit you know exactly why you're here. Guys, you wanna wake up? I'm trying to offer you the key now. The key is, I'm responsible. I'm here for the reason I came for. No one is judging you – you're free to go. You've accepted responsibility. You're not lying to yourself. Who's ready to admit why they're here. Anyone ready to take that step with me? Go ahead. You are here to remember who you are. Why don't you remember? Why don't you remember? Why would you be afraid of who you are – it doesn't make sense. So maybe that's a lie – maybe you're not here to remember who you are. Maybe you're here for another reason. Who wants to be honest.

(Woman speaks about her reasons for being here)

I can turn it around for you if you like. What I'm going to tell you is there's nothing wrong with that – you're not guilty. You can be here for all those reasons – no one really cares. There's no guilt. That's what I'm trying to offer you. In other words, be honest with yourself and admit to yourself why you're here. I'm addicted to sex, music – that will be a reason to be here. What does it mean to be an addict? You think that being an addict is a negative thing. It doesn't mean anything. The word's meaningless. Addict doesn't mean anything. It has all the meaning that you give it. And if you think it is a negative idea, it will be so for you. It's not negative. What does it mean to be addicted? Let's replace it with the word attractive. I am attracted to sex. Where's the guilt? There's no guilt – it's an attraction. It's a temptation – no it's not. I don't know what you mean – I don't know what a temptation is. I'm attracted to an idea and I therefore associate with it. There's no guilt in that – I promise you, you're not guilty. There's nothing wrong with that.

The connection I'm trying to make with you is that you're doing it to yourself and therefore there should be no conflict, no pain, no suffering and there should be only happiness because you're doing it to yourself. You're attracted to the body identity and are therefore associating with it. Why aren't you happy? I'm not happy because I'm feeling guilty associating with the body. You've just told me you're attracted to the body. Now you're telling me you feel guilty about it. I don't understand. It makes no sense. You get exactly what you ask for and then you feel guilty. It makes no sense. I'm attracted to sex. OK – why do you feel guilty about it? You're

attracted to it and then when it arises, you feel guilty. I'm not sure it's what I'm looking for – I'm looking for something else. That's fine – there's nothing wrong.

I'm going to teach it this way: everything is a lesson. God is teaching you a lesson. And the only lesson he has to teach you is, you're not guilty. You can't do anything wrong. You're only judging yourself – it's impossible that you offend God. He's not making the judgement. You're only judging yourself. I suggest you no longer use the word addicted – you can if you want to crucify yourself. You can use the word, but it doesn't really make you feel any better. Does it? It's an honest admission, that much is true. I want you to be honest. But I'm just trying to show you, there's another way of looking at it. Once you are honest and you expose it to the Light, the Light can make the correction. You see what just happened? What's the correction – you're not guilty. You've done nothing wrong. There's nothing wrong with any of it.

What I can tell you is you're not contained by the body identity. You can associate with it but it's not containing you. You are not bound by it. You are not bound by my idea of you. You are not bound by any idea. The idea I have of you is not binding. Are you receiving this? I know it's a lot. I'm doing the best I can to help you integrate. If you are getting tired, you can leave. It's OK – you don't have to stay and listen to this. I'm not making any demands on you at all. Go for a walk. I'm just trying to help those of you that need integration. I'm here to help you integrate. I'm here to make the correction in your mind. I'm here to show you how to think. By the way, if you're thinking leads to dead ends, you're not really thinking at all. Thinking is creative. Jesus says you're mind is blank – you're not thinking of anything. Nothing is happening. I'm trying to show you how to open that up – there! A little better. I'm opening that up for you so your thoughts become creative. Say to me, thought is creative. It's self-evident – you can see it for yourself. I have a thought about painting a picture. It's a creative thought.

I really want you to be free of guilt. It's my gift to you and I would really like you to receive it from me. No matter where you are, no matter what you are doing, you are not guilty. It's impossible that you be separate from God. And all of your thoughts will come whole because all of your thoughts are whole. I love you guys. It's impossible that you do anything wrong.

The idea of an infinitely benevolent state is ??? to you. I'm trying to help you with that. The natural state is infinitely benevolent, infinitely benign, infinitely loving. I love you. Namaste. I really love you. I'll do anything for you. Rest in God now. Everything you need will be given you. Are you happy? Everyone happy? I suggest you love one another because you aren't going to run into anyone that is not yourself. Advice from an elder brother now. You are perfect in this part.

There's a world without boundaries. It's right here. You are seeing one or the other. It's still going to be right here. Say to me, I'm not bound by the world. There's only one of us. Can you handle this much Light? Consistently? Can you demonstrate this much Light? There's no point in opening this up if you can't demonstrate it. Can you demonstrate this Light – this degree of understanding?

In answer to Gabriela's question

Would you like to be? You don't sound too sure. That explains why you don't stay there. If you're not too sure, you'll move back and forth. Do you want to leave everyday? Do you want to

stay here? Would you like to demonstrate this much Light all the time. I've been preparing this place for some time, but this means you have no problem. Is that OK with you? Want to try holding this? This is what I had in mind for this temple – demonstrating at this frequency. Jesus Christ Superstar – putting on a performance.

I'm gonna help you save the world by demonstrating like you. its an acknowledgement that you've been healed. There is no form of sickness that the miracle can't heal. Father, we are here in your name. We would have this dream be dissolved in you. Is it OK God writes the script? Your demonstration for me will be to stop justifying reasons why God is not writing the script, cannot write the script, will not write the script. None of them are true. By the way, no one gets to read the final chapter – there's no one left. The final chapter is being written and there will be no one left to read it.

Father, thank you. Father, thank you, thank you. Remember to be grateful. Father, thank you. Thank you for showing me the way home. It's good company. Thank you. Stay in Light. All you have to do. It should be easy for you because you are Light. You need a reminder? It's just a thought maturing if you want to see it that way. I can no longer tolerate it – it must change. Can you see? It must change and it is changing. I know that not everyone is ready for that, but I'm looking for you. I'm not looking for anyone else. Are you ready for it? Are you ready to live without guilt. That's what I have in mind. God is in my mind. God is the mind with which I see. You cannot see apart from Him. Acknowledge only the Light in one another.

i love you,

namaste