

You are whole

May 28, 2008

There is a plan behind the appearances. And that plan is more of a direction than a plan in the conventional sense. You are being directed. And you can teach it this way. You can demonstrate or look at it this way: **you are being directed towards a sensitivity where in which you are not longer waiting for something to happen.** Can you hear that? That's a particular sensitivity. It's a sensitivity. In other words, it's a way of being.

Jesus will offer it, in some point in the Course, as *alert without expectation*. That's the sensitivity to which you are being led. Why need you be alert without expectation? Because it has already occurred. Because what you are waiting for has already happened. And seeking it is denying its occurrence. That's all. That's how easy it really is. In other words, by seeking it you are pushing it away. By denying that it has already occurred, you are denying its presence for you.

So you need to be trained, you need to learn, and the way you learn is through exposure. And I am exposing you to that frequency where in which you become sensitive up to the point of the realization that it is accomplished. And we call that the present. In the present nothing needs to be accomplished.

Now, Jesus addresses this in a number of ways. And one of the ways he uses is specialness. He uses the idea of specialness. Specialness vs. wholeness. You are being trained to see things from the perspective of wholeness. And you are learning to transcend your ideas of specialness. Specialness being comparison or judgment. Yes or no? Can you hear it in those terms? The idea of being special, of having an attachment or love, what you call love. Special love is denying wholeness, presently. This is done through comparison.

Now, we are trying to increase your sensitivity so that you can discover for yourself that you are whole. You are whole because everything is whole. There is nothing to compare. Wholeness can not be compared with wholeness because wholeness is inclusive, it includes everything.

Jesus gets poetic at this point and he says things like *when the birds sing they sing for you*. What does he mean by that? He means it literally. When the birds sing they sing for you. No matter what is occurring it is occurring on your behalf. Why? Because you are whole. Because you are complete. Because there is nothing outside of you.

Generally speaking this is difficult to accept. So you need a continuing exposure to that which is the acceptance. And you can use *A Course in Miracles* or you can use me. I am that. And because of your exposure you are that as well. So, all that happens in your association with me is that you become more sensitive. Sensitive to the present. Sensitive to the here and now. Sensitive to the realization that everything is perfect just as it is. And nothing needs to change. In fact nothing can change. It's not possible for anything to change. What changes is nothing. Are you OK with that? What changes is nothing. What changes is nothing. That is a sensitivity. It has nothing to do with the appearances because the appearances are nothing.

Love remains. That is sensitivity. Let's call love an infinite sensitivity. That's what love is. Can you hear it that way? What is love? Infinite sensitivity which is the same as infinite acceptance. It's the same idea.

And you need to learn or re-learn how to love, because you seem to have forgotten. You forget by comparison. You forget by specialness. Are you OK? I am increasing your sensitivity. Everything is here and now, everything you need.

I am going to read it because Jesus says it as well as it can be said. In chapter 24. And he calls it the Christ in you. This is what you may have missed.

"The Christ in you is very still. He looks upon what He loves and knows it as Himself. .."

See? Try to get a feel to the sensitivity that is involved here. There is nothing to be done about it. Do you see? The Christ looks upon what he loves and recognizes it as Himself.

"...and thus does he rejoice at what he sees because He knows that it is one with Him and with His Father..."

"... The Christ in you is very still. He knows where you are going..."

Can you hear it? Common! Get a sense of this with me now.

"... The Christ in you is very still. He knows where you are going and He leads you there in gentleness and blessing all the way. His love for God replaces all the fear you thought you saw within yourself..."

Now I want to stop for a moment. There are two ways of seeing. There are only two ways of seeing. One way is an illusion.

When we teach the idea of specialness, that is a form of seeing. Specialness is a form of seeing. In other words, if you are seeing fragmented or separate beings and making comparisons, that's a way of seeing. Yes or no? It's a way of seeing! It's a way of seeing! You're seeing separate things. That's a way of seeing. And we call it special because it's a form of comparison. She is special, I am not. He is special, she is not. Do you see? It is a way of seeing.

There is another way of seeing. There is a way of seeing that embraces all things. That makes no differences. That sees only itself. This is what is being offered you. We call that Christ vision. It's just a word that we use. We call it *"The Christ in you"*. It loves all things, it loves all experiences, it loves everything. It's a way of being.

I can say without hesitation, I love being here. I love this place. I don't need to deny this place in order to remember myself. I love this place, because I love all things. And in that is everything reconciled in me. And that takes practice because you have to overcome the tendency or the habit of comparison, of specialness which is rejection. Yes or no? You are overcoming the habit of rejection. That's all you're doing here in my presence. I'm teaching you to overcome, to transcend the habit of comparison.

I am going to compare this teaching with this one. I'm going to see what Oneness has to offer and I'm going to compare that idea with The Course in Miracles and see which one best benefits me. Can you hear that? That's insane. It's absolutely crazy. First of all there is not basis for comparison. How would you know? How could you tell? You have already made a decision to reject or to compare. And from that moment on everything is false, all your decisions are untrue. You cannot decide for yourself. That's not possible. But there is One with you Who knows. And That one is revealing Himself to you in all things, in everything. Not in one thing in particular but in everything. Are you Ok with me? Can you hear me?

In other words, I look at Oneness and I fall in love. I don't need to make a comparison. I love it! I love what is going on there! I don't need to look and see if it's benefits me. I know it benefits me! Can I offer this to you? Just as the terrorist benefits me. In the same way. Everything benefits me. I am looking and all I see, when I see that action, is resolution. That's why I can allow a vasc terrorist into the house. What is Ignacio? Ignacio is a vasc terrorist. Common, look! He's got all of the qualities of a vasc terrorist. I love them! That's why he is here with me. Can you hear me?

I am not rejecting anyone I am accepting all aspects of the oneness that I am. And this is what I am teaching you to do, to accept all aspects of the oneness that you are. You are whole. And these are all your thoughts all around you. Who is this? It's an aspect of yourself. And you know it. You can find your whole genetic memory in her. Are you Ok with me? Can you hear me? I'm just trying to train your mind to embrace rather than compare. It's that simple. To embrace rather than compare.

This is the reason why Jesus in his reconciliation allows for betrayal, he allows for cruxifixion, he allows for all of those ideas because he recognizes that they are being reconciled or healed in him. The world is coming whole in you.

Ultimatily this will be a physical occurrence. It will culminate in the glorification of your Self. Of your physical self? Yes. Of your emotional self? Yes. Of your Self in its entirety.

I love you guys. I'm just going to read a little more.

"...His love for God -now, this is your new identification- replaces all the fear you saw within yourself. His wholeness shows you Himself in him whose hand you hold, and whom you lead to him. And what you see is like yourself. For what but Christ is there to see and hear and love and follow home? He looked upon you first, but recognized that you were not complete -not because you were not complete, but because you thought you were not complete. So the Christ look upon you- And so He sought for your completion in each living thing that He that He beholds and loves. And seeks it still, that each might offer you the Love of God..."

Now, listen to what he is saying. The only way that you will be complete is by allowing the Christ in you to accept all things into your self. Did you hear that? The only way that you will be complete is by allowing the perfection or the wholeness in you to include all things, to reject nothing. That's call love. And That's what is being offer you in this place That's what this frequency is. This is a frequency of infinite acceptance. This is the place that you come to when you are ready to accept your holiness.

You are going to surrender your vision and accept His vision. You've been wrong about yourself. That's how Jesus teaches it. But the Christ in you is with you and He is offering you another vision.

Here we go...

He looked upon you first, but recognized that you were not complete. And so He sought for your completion in each living thing that He that He beholds and loves. And seeks it still, that each might offer you the Love of God..."

"...Yet is He quiet, for He knows that love is in you now, and safely held in you by that same hand that holds your brother's in your own. Christ's hand holds all His brothers in Himself. -Did you hear that?- Christ's hand holds all His brothers in Himself. He gives them vision for their sightless eyes, and sings to them of Heaven, that their ears may hear no more the sound of battle and of death. He reaches through them, holding out His hand, that everyone may bless all living things, and see their holiness. And He rejoices that these sights are yours, to look upon with Him and share His joy. His perfect lack of specialness He offers you, that you may save all living things from death, receiving from each one the gift of life that your forgiveness offers to your Self. The sight of Christ is all there is to see. The song of Christ is all there is to hear. The hand of Christ is all there is to hold. There is no journey but to walk with Him.

You who would be content with specialness, and seek salvation in a war with love, consider this: The holy Lord of Heaven has Himself come down to you, to offer you your own completion. What is His is yours because in your completion is His Own. He Who willed not to be without His Son could never will that you be brotherless. And would He give a brother unto you except he be as perfect as yourself, and just as like to Him in holiness as you must be?

Christ has no doubt, and from His certainty His quiet comes.-Listen, this is why I am here- He will exchange His certainty for all your doubts, if you agree that He is one with you, and that this oneness is endless, timeless, and within your grasp because your hands are His. He is within you, yet He walks beside you and before, leading the way that He must go to find Himself complete. His quietness becomes your certainty. And where is doubt when certainty has come?"

Are you Ok? Is everyone Ok? Can I help you with anything? How can I serve you?

Question: Lately I feel like crying all the time. And I realize that I can give it different meanings: happiness, sadness, gratitude, madness. But it is a feeling of being undone and at the same time being liberated. So the question is, shall I let myself be driven by these emotions? Or is it better to try to transcend it or see it differently.

Answer: I love you, thank you. Understand what is occurring in you. Finally, you are exposing yourself, revealing yourself, to God. That is the process that you are undergoing right now, finally. You are allowing yourself to be discovered by God. Yes? That is what is happening to you. And that takes the shape of everything that you just described.

Let's call it a heart opening. When your heart opens all you want to do is cry and you don't even know why you are crying. You are crying for all reasons. For all everything that you just

described. You cry because you cannot bear the love, you cannot contain the love.

God loves you and that is what we have just read. And God has discovered you, He has found you. You are hiding from God, but God has sent me. God has found you. And He is going to remain with you until you remember, recognize, your identity in Him.

And how is that going to look like? Like complete and absolute inability to contain yourself. That is how it looks like. Can you hear me? You will want to cry, you will want to love, you will want to scream, you will want to shout, you will want to embrace the whole world. Yes! That is what we just read. That is the Christ in you being born, being nurtured. Don't hold back. Don't hold back. Everything that is happening is exactly what it is suppose to happen. It's perfect. Let it unfold, allow it to unfold. Give yourself permission to cry. I love you.

Are you ok? It's working. I promise that it's working. You look beautiful, I am looking right at you now and you look beautiful.

Now, when this begins to occur, when you begin to feel this deeply as you are feeling it now, you may want to take some quiet time. Or you may want to be with your brothers. No one is going to judge that in this place. Everyone knows because everyone is going through the same thing everyone is wholly aware of what you are going through. So whatever you do is perfect. However you use this place, this place is here for you.

I am looking directly at you right now. This place is here for you. This place is here only for you. Use it! And don't feel guilty about anything. What is happening to you is exactly what it should be happening. I love you. I am really happy you are here. I have been waiting for you a long time. I love you so much. You look beautiful. Thank you.

Everyone is here supporting you in your transition. Thank you.

I love you. Thank you. Father, thank you.

It's that sensitivity. It is going to be ok, I am leading you Home. The way is easy because is natural. Because is love.

Thank you. I love you guys. It's real and it's happening to you.

It is wonderful. It is amazing, we get up every morning and the question is: How is love going to express itself today? Yes? How is love going to look like today? Who knows! It's going to look like anything.

Ultimately there is nothing to say, except thank you. There really is no one out there. There is only one of us. And that one is the Christ. That one is light is love.

Remember that you are emerging from the fear associated with your judgment upon yourself. And really as you emerge your tendency to be afraid is projected on to God. You are afraid that God would not accept you as you are, but that is impossible. It is impossible. You are not other that what He is. You are emerging into the light and there are still residual fears associated with that emergence because you are afraid of God's judgment upon you. But God judges you whole

and perfect. "You are my beloved Son in whom I am well pleased". You are whole and perfect. Nothing has changed.

And this is a place in which you are supported I that emergence.

Thank you. I love you.

There is nothing to be afraid of, God loves you. And He loves you in all things. He loves you *with* all things.

This is what I have discovered in my transition. God uses all things in order to love you. Can you hear that? That is profound. Thank you. I love you. It's nice to be known.