

June 10, 2008

Ok, we'll do it this way...Everything we are offering can be summarized in two ideas. The first idea, (and this is a Course in Miracles): The world is an effect, **The world is an effect of a cause which is here and now.** That's a distillation of everything that Jesus teaches in a *Course in Miracles*. It's true as you let the idea fill in a little bit. The world is an effect of a cause which is here and now, and that cause is not locatable. If the cause is here and now, then its not locatable. You can't say "I am that cause" and have that cause be locatable within a reference you call a body identity. That's the idea in all its fullness as a whole idea, it has no location, or fixed position. So the world is an effect of a cause which is here and now.

The second idea, which fits very well into this one and which will integrate it a little bit is this one, **Its not the form, it's the frequency.** Now, this is an idea which will clarify the misinterpretation associated with identities in time and space. There's an idea, let's say: "The only way to be saved is through Jesus", You can look at that in two ways: that's true, the only way to be saved is through Jesus, **but Jesus is not a form, Jesus is a frequency.** And when you look at every thing in terms of frequencies the idea of localization or point of view, vanishes. You can see with clarity: Jesus is the savior of the world, and what we're speaking of is vibrating frequencies in consciousness, which is the salvation of the world. And that's true.

In other words, in order to pass through into a new way of being or a new realm of consciousness, you must pass through this frequency, called Jesus.

So these two ideas, really, are all we are offering: **The world is an effect of a cause which is immediate,** it's here and now, and **It's not the form it's the frequency.** What you see as effects, as a world, is the reflection of a vibratory frequency with which you are associating. So when you begin to associate with the frequency we call Jesus, the Buddha, call it as you like, you will begin to see the reflections that are effects of that vibratory cause. That's a nice way to teach it; using plain language, no dogma. It's not tainted with human history, it's very plain: vibratory frequencies, you can feel it. I'm not a body I'm a vibrating string. You know this from your own experience, you're not a body, you're a vibrating string as you begin to resonate with the energy within which you're associated. It's another way of saying that, in quantum physics: that there's no difference between the observer and a particle observed, they are vibrating at the same frequency.

Are you ok? I love you guys, thank you for inviting me, I'm glad to be here. I'll be your substitute teacher for today. I'm very happy to take a shape that is acceptable to you, or at least it's good enough! May not be wholly acceptable yet, but it works. I love you guys. It's not the form, it's the frequency that's important. That's right, that's exactly right, good, it's nice to be heard.

Just a couple of lines from this book. It's in terms of an experience, the first paragraph here, and then the last paragraph here. Thank you. Listen to this. This is from the chapter "The Illusion as the perception of differences" from *The Birthplace of Dreams*:

I sat to meditate under an almond tree, and the energy immediately began to move upward from the base of the spine. The movement was initially fierce, and the breathing rapid and deep. I

spontaneously realized that the energy could be "tuned" much like the tightening of a guitar string, a pitch adjustment perhaps, and the undulations settled into a rapid and high pitched movement which immediately settled the nausea I had begun to feel. This made me profoundly happy, as the threat of nausea had often discouraged me from entering this state.

I was vaguely aware of the body as something quite apart, my awareness seemed to be centered somewhere in the heart's region. I spontaneously began to call upon God. "Father", I said over and over and then "into thine hands"...quiet, and then this: I remained in the heart's realm, and felt a descending force...there was no resistance to this force, all resistance was simply gone. The force gently and firmly pressed my awareness down INTO THE BODY! I sat quietly a moment, then slowly became aware of numbness in my feet (I had been sitting lotus on a stone table)....

Did you see what just happened? There was a description of an ascending experience and a subsequent descending experience. So what is involved here, the ascending process which is associated with a surrender or a submission to the descending force which is Grace, and an identification with that Grace, "I am that", and then, a descending occurrence back into this so-called body identity, as That Grace. What's occurring? What does that mean? Integration! Integration is what's occurring here. There's a ascending idea, an identification with the light, or with the Grace, and then a descending idea.

Anna, this is for you: we are speaking of an integration, you know the light, everyone here knows the light, call it Miracles, or an experience of another way of being that transcends the physical condition. Everyone has had these experiences. The integration is necessary because there's an idea of a perception of a difference between the body condition and the spiritual condition. It's not true. There's no such a thing as that. That's what the illusion is. It's an illusion of differences. It's an illusion even the idea that the form is somehow different from the spirit. It's impossible. And this is the event that we are attempting to prepare, everyone, for the entire human condition is being prepared for this occurrence

It's an inevitable evolutionary process. There will be a correction of the perception of the form as different from the spiritual. And that's what we are offering here in this place. Ok? Did you here that? That's all I have to say. Thank you. Namasté. (ha!)

That was actually a pretty good teaching. It's amazing what is really occurring if you look at it: we are seeing the evidence that nothing is happening in isolation, and that what we are doing here is having an effect out in the world. And that has to be true because the world is an effect. And all we are doing is allowing the present cause to animate the world. That's what we are doing in our practice here. The practice here is to allow Present Causation which is God, (Light, Holy Spirit) to animate the world, which thus becomes an effect of a present cause.

I watched Master Teacher doing it. He used to say: Im going to go to the Opera Winfrey's Show and I'm going to teach *A Course in Miracles*. And everybody was like going along with the idea, because he's saying it, but thinking he's never going to be able to... And yesterday I was looking at Opra and the Old Man was literally there! He was there in the shape of Eckhart Tolle! In order to go he had to upgrade Eckhart Tolle. He had to give Eckhart Tolle a promotion. Look at time and space, its a mystery, but at the same time its completely self evident. You see exactly whats happening, and there's only one mind making this changes.

Theres a story i sometimes tell... When the Old Man was speaking in terms of going to the Opra Winfrey show, and everyone was trying to do things, like writing to Opra and sending material, I did a session. And I said: what is the requirement for going to Opra and teaching a Course in Miracles? Ultimately its about overcoming the fear associated with saving the world... And I unbuckled my pants, and I let them fall to the floor saying "You have to be willing to go to Opra and do this!"

Well the Old man heard about it and he loved it. He said, that's exactly right. And after that he took to the habit of taking off his pants to show his boxers to everyone... These are just stories we tell. All that we were doing in the mind was clearing away the debris associated with the idea that its impossible to go to Opra Winfrey and teach a *Course in Miracles*. Its an idea: "Its impossible to go on National TV and teach the Course". No, Its not. Not only its possible, its necessary, and its happening. We are seeing the effects in the world.

Are you ok? I love you guys, the world is an effect. It's an effect of a vibratory frequency with which you associate.

Now, one last idea:

The only way to transcend the world is through translation, trough transformation, trough love. There's no other way. In other words, you can leave the body but you'll return to a body identity until it is transformed in love. There's no other way. This is what I just read to you, that you have a mission here, an assignment. And that assignment is TO LOVE, TO LOVE THE WORLD. Can you hear me? The world must be translated by your Light. And that's why you can't get out if you're holding a grievance it's not possible. Up to an including holding a grievance against the world: "I hate this place I want go home". What does that mean? What is it that you hate? It doesn't make any sense. No. "I love this place because it is a reflection of God's Love", that's how you get out. And I mean absolutely and all together. I love you guys, it's nice to be heard. Thank you.

Are you ok? Anything to add? We look great, there's evidences everywhere. It's becoming more and more difficult to put your finger on what's occurring, to locate yourself, you're a little dislocated. You really can't locate yourself. You know you're in there somewhere, but you're no longer able to make sense, you're no longer able to justify being here. Yes or no? Good. That means you're yielding more and more to Love. And you're becoming more and more Light. Otherwise there's no justification for being here, even to save the world. The world is already saved. Remember you're just remembering what it is that has already occurred. That's how you leave this place. Ok? I love you guys. Everyone is ok? Can I help you with anything? There's a lot of light, maybe you want to take sometime to meditate.

May be take some quiet time.

I mean, why not allow Opra be the savior of the world? Someone's got to do it. She's being set up, she's just a doll. Why not use everyone? We'll use every one. If they are all just effects, we'll use everyone. Yes or no? Anyone that wants to take the responsibility, it doesn't have to be you in formulation, but it does have to be you in the frequency Yes? Did you hear that? It doesn't matter what you do in the form, but it does matter where you are associating in frequency. When you are associating in this frequency you'll be driven, shown. The frequency, by the way,

it is here to stay, it's not going anywhere. It's time, it's simple, and it's too late to go back. You're beginning to see evidence everywhere in the world that you're transcending it, that you're waking up. All-right? Direction is sure. Don't look back, this is my suggestion.

Ana, I can help you with that, I have been helping you with that. And the way that I help you is by directing your attention towards the light, but right here in this form. And it's the light that heals. It's the light that provides the solution, the cure. But there are two parts to that: turning to the light, and bringing the light into your present condition. And that's the part that I'm helping you with. Bring the light right down into where the problem appears to be; there's no problem, it's just a memory, It's just a memory! It's not there, and that memory has been enlightened. I love you, I'm here as an integrating factor, that's why I've come. Thanks, guys, I love you guys, thank you for letting me do my job. Not everyone is ready to receive, that's why the numbers are so small. It's where the work is, the work is bringing the light into the form. Thanks for your help, Namasté.

Anything to add?

question:

"I want to express something. It is an experience that I am feeling and do not know very well how to fit it in. There are moments of full intensity, of much light, and then there is a sensation of a very strong emptiness, and I feel strange to myself, completely strange. I am having difficulty in what you said, in integrating it into this form. Because it is not known by me, it's strange. I am right there and do not know how to do it."

Answer:

The help that you need, the translation it's just here, that's why I'm here. I know where you are, I've been there. And I'm offering the help that I was given. The only help that I was given when I was where you are, is a gentle assurance that it's ok. It's exactly how it should be. And at the same time my peace is ... that I trust; that I trust in something beyond what I can see, not a peace of the world. There is where I rest. I rest in the Light, I rest in my brother who is the evidence of Light more nearby that I can recognize. And there are very deep moments, in which I remain completely still, and really do not know what to do, is like the delicate gesture, it's very delicate.

One more thing I want to say. You've taken a big load. And for that I'm grateful. I depend on you, I rely on you. I'm speaking to you, I'm talking right to you. You've taken on a big load in order to help me. And what you're feeling is the occasional weight associated with this load. It's a huge responsibility, it's literally the Salvation of the world. You've taken this responsibility; you're sufficiently matured. You wouldn't be given this responsibility unless you are mature enough to accept it, mature enough in the Light. And you are located right there, I see you enlightened. Is just an analogy, we are not here... (laughs)

But at the same time, the second part of what we read, is you've been asked to bring the Light into a very strange condition. And you have no business being here, do you know what I mean? Except God's business. If you remember you're here on his behalf, it will help you. Good. Thank you for helping me. It's a very strange place. Very strange. And it's because you are here that it's

being integrated. And that's the work that we're doing together. Thank you for everything.

And again: It's ok to take some quiet time to rest. Spend sometime thinking about nothing. Thanks guys, I love you.

I'm trying to show you how it's working. Everyone here is leaving here. We are ascending, and as we ascend, we are raising the bottom, and as we raise the bottom, what you can witness, what you can see is the bottom filling in. And this will take the shape of others coming in and taking a peek, looking around seeing what's going on. Nothing happens by accident: It's because we are ascending that others are able to fill in the bottom. It's a lineage, an unbroken lineage. It's exactly why the Old Man left. The Old Man leaves, so that the bottom can fill in. And the lineage can remain intact.

It's as if everyone was given a promotion, everyone was raised. The Old Man was given a promotion long before he left the form, he was given that promotion and then it reformulated the matrix, the matrix changed in order to associate with that correction. I love you guys, that's what's happening here and if you look you can see that more and more are surfacing, kind of looking around, and saying "Hey! What's going on here?". As we leave here, we're attracting the attention of those who are considering it, including, ultimately the entire world. I love you guys, thank you.

So the old man used to teach: "You are replaceable. You are being replaced all the time." It's happening here right now. You're being replaced. The old "you" is gone, and there's a new "you" that's descending from outside the frame, and that new "you" will be integrated. Stronger in the Light, look at it. That's the way it works. The same it's happening with her. She's coming in with whole thoughts, I'm watching it, she's coming with whole thoughts from outside of the frame, so she's able to be here without fear, or with less fear. That's what's being accomplished. Then again thank you for helping me. Thank you. It's another way of saying you're coming whole. And as you come whole, you're taking the whole world with you.

Now, one last idea. What's being integrated is the perception of differences. What you're seeing is that all thoughts are whole. And you're removing the debris associated with comparison. You cannot compare one thought with another. Because all thoughts are whole. You can look at that right here, you cannot compare one thought with another, it's impossible. You can not make comparisons, all thoughts are whole. I used to teach it as you are a parallel universe, and that's true. My association with you is absolutely whole. It's an entire universe. My association with you is an entire universe. They are parallel universes. And this is my work: I am trying to bring all of that into a single instant of reconciliation. It's called forgiveness, this is what forgiveness is. You can begin to feel me a little bit.

You are beyond compare. Comparing yourself is what illusion is. I love you guys.

It's another way of saying you're transcending the tendency to judge. You can't judge, it's impossible. As you look out into the world, everything is whole, it's impossible to compare. Transcending the perception of differences. It's called waking up. Seeing your brother as whole, is the same idea. And that can only be seen through the eyes of love. The wind verifies what I speak... "even the rocks shall cry out", Jesus says... Are the rocks having a tantric experience? Have you ever held a rock in your hand? There's nothing more tantric than really hold a rock

in your hand. That's tantra. There's no difference, the rock feels exactly as you do. Is the rock consciousness? Everything is consciousness

Question:

"I recognize myself in Cristina... in this emptiness that I feel also sometimes. And yesterday, thinking in this last few days, I saw It feels as if a tsunami has past through my life. And apparently in the outside, the effects of devastation are not visible, but inside I feel empty, lost. To me it's like going out of this state, seeing the light, and the falling again. When it seems I just could breathe, then the tsunami makes me fall apart again. Then I've discovered that nothing happens, when I found myself in this state, I just follow the flow. I'm like a bamboo, flexible. If some tears want to fall, I let them fall, if not I just stand still. And it may look from outside that I'm calm, but in the inside I felt completely devastated. And yesterday I realized that it's like laying in the beach... if the waves get me, I just stand still, and I let them go. And yesterday I came back home and the Light showed up again.

Answer:

See if I can help you. The experience of what you call a vacuum, it's nothing more than an indication that an integration is required. The vacuum, it's like a limbo. The vacuum is being in between the worlds. It's exactly what I described in what Lylian read a moment ago. I was calling upon God, but it seemed to be no answer, like a vacuum. And then the answer came... pressuring back to the body. Then the question: What am I doing here? Then the answer, well: integration. What you need to see is that there's nowhere to go. Heaven is here and now. Same idea. *This* needs to be reconciled with *that*. There are signs that it is working. Don't worry, it's perfect. Be gentle with yourself, if you need time to rest, take it.

Do you have a sense that everyone outside of the frame is very grateful, and they're watching what's going on? It's a project and it's working. Thank you. I love you, Namaste...