

The best way to take this pill is to swallow it whole

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We might say we are at a crossroads in technique. It would be helpful to admit that none of your techniques have worked thus far, or you wouldn't be pissed off. The problem is you get pissed off and blame me for the technique. You know I have no technique. I have no strategy. I have no hand. I got nothing. All I got is my contact. In other words, all I have is now. I have no technique because it is being given presently. There is no method. My method is no method. There is no method by which you can achieve the impossible. It's impossible. The method is there's no method. The method is it's impossible. What's impossible? – that you be separate.

We're looking at technique but what we're really looking at is how fucking free you are. How free are you? Are you free enough to try something new? Or are you going to rely on what hasn't worked. Maybe it will work this time. Why do you think it's going to work this time?

Nothing that you remember will work!

That's a good teaching. What you remember never was. How free are you to accept that? That will decide...in other words, how open you are to receive the current cue, will determine how free you are to remember that what you remember has absolutely no value whatsoever.

You never really get beyond lesson one. What's lesson number one? Nothing I see means anything – what more would you need? Now what can I tell you? Everything else afterwards is just an attempt to locate you within your denial.

The Course In Miracles is a comprehensive course – in other words it includes everything. In other words, it includes you. You are in there somewhere. The problem is, you keep on moving from page to page. You're always on the next page. I turn the page and you've already jumped to the next one. You're in there. We can do a film about this – we'll do a fantasy film about how you are contained within this book. Yes? And the reader is attempting to find you, but you keep on jumping from page to page, off on another adventure.

That's why the best way to take this pill is to swallow it whole. Swallow it. Take one of these and call me in the morning. Come on, you're a perfect example of what I'm talking about – you keep on jumping from page to page. You're in there and if you're in there, you're in here and if you're in here, you're saved. That's the best I can do for you. That will mature into, (and you can look at Ana for instance as a demonstration of this), an act of submission or an act of surrender. That's the human condition in its full maturation.

Ultimately you give up. How does the human condition transcend itself? It gives up! It's not possible to do it any other way. Until then, you're running around trying to make the world a better place – to elect a new president – and now it will change. That's not why everything is changing. Everything's changed because you're here in this room with me. It has nothing to do with the elections. There's nothing going on out there.

Everything is changing by grace!

Everything is changing by your decision to join with me in a holy instant. I'm trying to show you that God is the Source of all change within this context. You're being awakened by God. Not by anything you're doing – not methods, practices, procedures, strategies, techniques - none of that. It occurs by grace. By grace, by grace and by grace alone. Do I need to say it one more time? Or are you going to try to figure it out by yourself?

What's your function? Sooner or later, you will submit. You will surrender to grace. My question to you, is now the time? Or are you going to move onto the next page?

Here's my problem. My problem is I've closed the book. Are you ready to hear me? I'm not interested in looking for you anymore – that's my problem. In a real sense I'm fighting with the chief. The chief is saying go back in there and I'm saying "no". I'm really not interested. The book is closed. Why is that happening? Because Carmen is saying, now is the time I choose to awaken and she means it.

My obligation is to those of you who are ready to awaken now and who aren't interested in the next page. You don't need to hear anything but "Truth is true and nothing else is true". Everything else is an attempt to escape the fact that only Truth is true and nothing else is true. And I mean everything else. All of your thoughts. ??? off on another adventure. Don't worry, he'll find me on another page. Not this guy. God will of course, but it's not going to be me. It will come in another form. What form is it going to take? Maybe they'll drop another bomb. Who knows?

But we have a new president and it's moving in the direction of peace. I'd have another look. I don't know about that. I wouldn't be so certain about that. You have no idea what is going to happen next. Who knows? Do you want to stick around and see how it's going to turn out. I don't. I have no interest. I already know how it turns out – it ends in Light. It has nothing to do with the formulation. I'm trying to fine tune you now in this transitional frequency. I'm trying to help you stabilize it in your consciousness.

Everything that's gone before has failed including all your spiritual practices – that should make you very happy. Call off the search. What is that going to look like?

I'll be honest with you. I'm being given *very* specific instructions as to how it looks. I'm not going to share them with you because you'll just judge them. I know exactly how it's going to look – I'll share it with you when you're ready to hear it and when you're ready to hear me, you're already sharing it – it's self-evident. We're moving in another direction. We're going home. We're going home for real. We're going home as one mind, and, listen to me, and this is where you may fall away, ***we're going home as one body.***

There's no other way to go home. The body that resurrects is singular. You can call it the Body of Christ, if you like. I always like that idea.

I was raised Catholic and when we talked about it, I got very excited. It relieves all the guilt. If there's one body, there's no guilt. You think, oh there's one mind so there's no guilt – go fuck

yourself. I already know there's one mind – that has nothing to do with it.

There's one body and that's why there's no guilt. I know what's going on in there. I'm in there. I'm there in you – physically. I know what you do when you think you're alone. Does that make me a peeping tom? God is a Peeping Tom! I love you guys.

Try to see the humour in this – try to understand there's only one of us breathing here, and start behaving as if you want to associate with me for your own sake. You're going to be embarrassed unless you realise that I know everything. I'm not confused. You can't hide anything from me. You can't fool the Old Man. There's only one body.

Now, how's that going to picture? If there's only one body, there's no conflict. It has nothing to do with wars that are going on in the Middle East. There's no such thing. As we join in this intention to transcend this world, that war is already over. That war is only the reflection of your intention to remain. Once you've made a decision to leave, that war's over and all the politics associated with it are reconciled. What does it look like? Like one body. You can be part of that or not. That has nothing to do with location. You can be part of that and be half way around the world. It makes no difference at all. The world is contained within this body. Do you get a sense of what I'm trying to offer you? In other words, I'm tightening the circle. The tighter the circle, the more inclusive it becomes.

Now within the context of proximity, there's no room here for mistrust. If you're going to mistrust, you're going to have to go somewhere else. At the top, what I'm trying to offer you is perfect trust which is what surrender and submission is.

You say, but I don't want to surrender to you. I'm going to find another teacher. Be my guest. Guys, I have no problem with it. I'm not making any demand on you at all. The demand I'm making comes from my recognition that those I have come to retrieve, to save, are with me. That's all. It's simply time. I have chosen everyone. Everyone is chosen. You are all my children. Now it's up to you. Use me, but at this frequency, you're going to have to swallow me whole. I won't accept partial consumption. I know I'm big – I'm bigger than you know.

There's only one body resurrecting. You know you can move through this transition – you can slice right through it without even bumping into the next guy. Come on, I'm trying to show you what Jesus teaches. There is no next guy – you can move right through it, without so much as making contact with anyone. Why? There is no-one else. That's what I'm trying to offer you. It requires a certain maturity in consciousness or a willingness to surrender. Sacrifice your dreams. You're going to have to sacrifice your technique.

It's working – perfectly. Its maturing. You're part of this. I've got you. you've been part of this from the beginning. You're not guilty. It's on my business card. You're leaving with me because I'm unconventional. I hate convention. The moment it becomes established, I have no interest with it – none. I'm only interested in the will to surrender – the will to transcend. It doesn't matter what shape or form it takes.

I loose the world from all I thought it was. What keeps the world in chains but your ideas. Illusions are as strong in their effects as the Truth. You come to God with your arms outstretched. I love you. I'm with you. I've always been with you. Father, father, father. Thank

you.

You trust me with this. Allow it to be different. You allow it to be different by allowing it all to be the same. The train is leaving the station – you're either onboard or not but From my perspective, you're both. We're on Schrödinger's Train. Is the cat alive or dead? Are you onboard the train or not? Thanks guys. Thank you.

Even if the doors to this train are closed – even if you close the doors of this temple – it doesn't matter. You are still inside, even if you appear to be outside. It takes trust. I don't know where you begin to hear me in regard to this picture. You're not a body.

I'm pretty good at minimising fear, while at the same time initiating change. That's an art. The picture's changing – allow it to change. Take a breath. Once you make the decision, nothing can prevent its accomplishment. Why? Because it is accomplished. It's just waiting upon your decision – it has already been accomplished. You already left here. I have to leave you with your own mind - there's nothing I can do.

But I can assure you that the same mind that's in me is also in you. You can choose to associate with that mind or you can choose to associate with your mind, separate from that mind. When you make the decision, I find you. I got you. Now, this is the last thing I'm going to say: your problem now is going to be consistency. That's it. It's only an ordeal if you're inconsistent. If you are consistent, it's effortless. The only effort is associating with becoming consistent.

You can call that the little vigilance – until it becomes effortless. I'm looking for consistency of practice, of Truth. Truth will always be true. I'm looking for those minds that are mature enough to recognise it. Illusions are illusions.

Now along the way, all sorts of fun things are going to occur. You're going to learn you are responsible for this. You're dreaming a dream – you're a dreamer and you're being awakened by God. When the light begins to enter your dream, all sorts of fun things begin to occur. You can remember that you're dreaming. You can do all sorts. That's not really what we're concerned about although those things will occur. Those are all just effects. I'm trying to keep your attention fixed on the Light.

There's a maturation going on – just breathe. I'm sitting on you. I'll try not to fart. I love you guys. Thank you.